

Patient Name: _____

Date: _____ Chart #: _____

Standard Tests and Immunizations for Women Aged 40-64

Untied Health Professionals, Inc.

304-697-2035

Test/ Immunization	What and Why	When	Last Done	Suggested For
Pap Test/ Pelvic Exam	Sampling of cells from the cervix to look for changes that may lead to cancer.	Every year	_____	_____
Mammography	An X-ray of the breast to look for signs of breast cancer.	Every 1-2 years from 40-50. Every year after 50.	_____	_____
Cholesterol	High cholesterol in the blood can lead to hardening of the arteries and greater risk for heart attack and stroke.	Every 5 years	_____	_____
Fecal Occult Blood Test	A stool sample tested for blood, which could be a sign of cancer of the colon or rectum.	Yearly	_____	_____
Sigmoidoscopy/ Colonoscopy	A scope placed into the rectum and colon to look for colon cancer.	Every 3-5 years after 50	_____	_____
Tetanus-Diphtheria Booster	A shot to immunize against tetanus and diphtheria	Every 10 years	_____	_____
Influenza Vaccine	A shot to immunize against the flu	Yearly	_____	_____
Other			_____	_____

Provider Signature: _____