



Outpatient Pre-Operative Instructions

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| Your surgery has been scheduled on: | Report to Admitting on the main floor of () St. Mary's () Cabell () Surgery Center Call office 1 business day ahead for time |
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Please follow these instructions carefully:

- ◆ Call our office the business day prior to your surgery to confirm the time of your procedure. Ask for your doctor's nurse. Please note that both the hospital and your doctor have reserved time for your surgery. It is very important that you notify our office **at least 24 hours in advance** if you must cancel your surgery.
- ◆ **Do not eat or drink anything after midnight the night before your surgery**, not even water or coffee. If you take medications, notify your doctor and he will give you instructions concerning them. If you have anything to eat or drink prior to your surgery, your surgery will have to be rescheduled.
- ◆ Wear loose, casual clothing. Remove all nail polish (including toes). You may wear light facial make-up.
- ◆ Leave all jewelry, watches and other valuables at home. Do not bring more than a few dollars with you.
- ◆ If you wear contact lenses, dentures, or partials, you must remove them prior to surgery so bring a container to store them in. These items will be returned to you before you leave the hospital.
- ◆ For your safety, please make arrangements for someone to take you home after your surgery. You will not be allowed to drive yourself home.
- ◆ You will be asked to sign a consent form before you receive any medications. If you are under 18 years of age, your parent or legal guardian must be present to sign this paper.
- ◆ **If you develop a cold, fever, sore throat, cough, or any other illness prior to your surgery, notify your doctor's nurse!**

Additional Instructions:

Any Questions?

Call
Your Doctor's
Nurse

(304)
697-2035