



Inpatient Surgery Instructions (Timeline)

Please follow this timeline carefully:

Within One week of Surgery

- ◆ You must have your blood work done **within one week** of your surgery date.
- ◆ Take the paperwork given to you to **Admitting** at the hospital you have chosen for your surgery. The lab hours are 8 am to 4 pm.
- ◆ You will be directed to the **Laboratory** by Admitting. They will prepare a chart for your surgery date.

Last business day before your surgery:

- ◆ Call office and ask to speak to your doctor's nurse. She will give you the time you should be at the hospital on your surgery date.
- ◆ Purchase a **Fleet II Prep Kit** from your pharmacy to have ready for the evening before surgery.

Evening before surgery:

- ◆ **4:00 pm**– Eat a light supper (No solid food after 5 pm)
- ◆ **5:00 pm**– Take Fleet Phospho-soda Solution from your Fleet II Prep Kit. Follow immediately with at least 8 oz. of water.
- ◆ **7:00 pm**– Take 4 Fleet Bisacodyl Tablets from your Fleet II Prep Kit.
- ◆ Drink several glasses of clear liquids during the evening.
- ◆ **Do Not Eat Or Drink Anything After Midnight!**

Morning of your Surgery:

- ◆ You do not have to do the enema in your Fleet II Prep Kit if you have had several bowel movements already. If you have not had several bowel movements, use the enema at least an hour before leaving home.
- ◆ Go to **Admitting** at the time your nurse has assigned you. This is at least one hour before your surgery time to allow for preparations.
- ◆ **Do not eat or drink anything on the day of your surgery.** If you take medications, bring them with you to the hospital and ask your nurse for instructions.
- ◆ **If you have a fever, a cough or if you are not feeling well,** please call our office immediately.
- ◆ Wear loose comfortable clothing.
- ◆ Remove all nail polish (fingers and toes).
- ◆ Leave all valuables at home. Do not bring more than a few dollars with you. You must remove contact lenses, dentures, or partials prior to surgery. They will be returned to you after your surgery.
- ◆ You will be asked to sign a consent for your surgery before you receive any medications. If you are under 18 years old, you must bring a parent or guardian with you to sign on your behalf. If you require glasses for reading, bring them with you.

Any Questions?

Call
Your Doctor's
Nurse

**(304)
697-2035**

Additional Instructions: